

**Week Of:** \_\_\_\_\_

**BREAKFAST**

**LUNCH**

**SNACK**

**MON**  
Cereal  
WG Toast  
Peanut Butter or Jelly  
Juice  
Milk

Chicken Enchiladas  
Romaine Salad  
Watermelon  
Ranch/French Dressing  
Sour Cream  
Milk

Hard Boiled Eggs  
Club Crackers  
Milk

**TUE**  
Cheese Omelette  
Hashbrown Patty  
WG Toast  
Juice  
Milk

Chicken Noodle Soup  
Bologna Sandwich  
Mandarin Oranges  
Milk

Cheez-It Crackers  
Milk

**WED**  
French Toast Sticks (CN)  
Apple Sauce  
Syrup  
Milk

Mac and Cheese w/ Ham  
Steamed Broccoli  
Diced Pears  
Milk

Cottage Cheese  
Peaches  
Water

**THU**  
WG Bagels  
LF Cream Cheese  
Banana  
Milk

Sloppy Joes  
WG Bun  
Tater Tots  
Cole Slaw  
Pineapple  
Milk

Chex Mix  
Milk

**FRI**  
Oatmeal  
Mixed Berries  
WG Toast  
Milk

Salisbury Steak  
Gravy  
WG Bread with Butter  
Green Beans  
Milk

Sugar Free Oatmeal Cookies  
Milk



**WEEK 1**

# Week Of: \_\_\_\_\_

## BREAKFAST

## LUNCH

## SNACK

**MON**

Cereal  
WG Toast  
Peanut Butter  
Banana  
Milk

Hotdog on a Bun  
Baked Beans  
Apple slices  
Chips  
Milk

Cucumbers  
Ranch  
Water

**TUE**

Biscuits  
Turkey Sausage Gravy  
Mandarin Oranges  
Milk

Lasagna Roll-Ups  
WG Garlic Toast  
Corn  
Pears  
Milk

Gold Fish Crackers  
Water

**WED**

Cereal  
WG Toast  
Peanut Butter  
Banana  
Milk

Hamburger  
WG Bun  
French Fries  
Cantaloupe  
Milk

Animal Crackers  
Yogurt  
Water

**THU**

WG Blueberry Muffin  
Yogurt  
Milk

Grilled Cheese  
Tomato Soup  
Cottage Cheese  
Peaches  
Milk

Jello  
Fruit Cocktail  
Milk

**FRI**

Mini Pancakes Sausage Dogs  
WG Toast  
Syrup  
Orange Slices  
Milk

Scalloped Potatoes w/ Ham  
Corn  
Fruit Cocktail  
Buttered Bread  
Milk

Bagel  
LF Cream C  
Milk

**WEEK 2**





# Week Of: \_\_\_\_\_

## BREAKFAST

## LUNCH

## SNACK

**MON**

Cereal  
WG Toast  
Peanut Butter  
Banana  
Milk

Chow Mein  
Diced Chicken  
Brown Rice  
Stir-Fry Vegetables  
Fruit Cocktail  
Milk

Trail Mix  
Milk

**TUE**

Yogurt Fruit Parfait  
Granola  
Apples  
Milk

Chicken Patty  
WG Bun  
Baked Beans  
Chips  
Peaches  
Milk

Ritz crackers  
Peanut Butter  
Milk

**WED**

Breakfast Pizza (CN)  
Diced Pears  
Milk

Meat & Cheese Sandwich  
Carrots  
Cantaloupe  
Chips  
Milk

Banana Bread  
Milk

**THU**

WG Bagels  
LF Cream Cheese  
Peaches  
Milk

Tater Tot Hotdish  
Green  
Beans/Corn  
Buttered Bread  
Pears  
Milk

Tortilla Chips  
Salsa  
Apple Juice

**FRI**

Chocolate Malt-O-Meal  
Strawberries  
WG Toast  
Peanut Butter  
Milk

WG Cheese Pizza  
Romaine Lettuce  
Salad  
Pineapple  
Ranch Dressing  
Milk

Yogurt Parfait  
Granola  
Water



**WEEK 3**

# Week Of: \_\_\_\_\_

## BREAKFAST

## LUNCH

## SNACK

**MON**

Egg Bake  
Hashbrown Patty  
WG Toast  
Juice  
Milk

Veggie Beef Soup  
Cheese Sandwich  
Pineapple  
Milk

Bread Sticks  
Marinara Sauce  
Milk

**TUE**

Waffle Sticks  
Syrup  
Mixed Berries  
Milk

Tacos  
Ground Beef  
WG Tortilla  
Lettuce & Tomatoes  
Sour Cream  
Pears  
Milk

Ritz Crackers  
Meat & Cheese  
Water

**WED**

Cereal  
WG Toast  
Peanut Butter or Jelly  
Banana  
Milk

Mini Corn Dogs  
Peas  
Peaches  
WG Buttered Bread  
Milk

Fresh Fruit  
Fruit Dip  
Milk

**THU**

Biscuits  
Turkey Sausage Gravy  
Mandarin Oranges  
Milk

Spaghetti Hotdish  
WG Garlic Toast  
Peaches  
Romaine Lettuce Salad  
Ranch/French Dressing  
Milk

Kix Cereal  
Banana  
Milk

**FRI**

WG Pancakes  
Turkey Sausage  
Patty  
Apple Sauce  
Syrup  
Milk

Chicken Gravy Over Potatoes  
Green Beans  
Mixed Fruit  
WG Buttered Bread  
Milk

Graham Crackers  
Yogurt  
Water



**WEEK 4**



# Week Of: \_\_\_\_\_

## BREAKFAST

## LUNCH

## SNACK

**MON**

Cereal  
WG Toast  
Peanut Butter or Jelly  
Banana  
Milk

Fish Sticks  
Tater Sauce  
Peas  
French Fries  
Applesauce  
Milk

Peanut Butter and Jelly Sandwiches  
Water

**TUE**

French Toast Sticks  
Syrup  
Turkey Sausage Patty  
Strawberries  
Milk

Chicken Alfredo  
WG Garlic toast  
Broccoli  
Pears  
Milk

Apple Nachos  
Water

**WED**

WG Banana Muffin  
Yogurt  
Milk

Chicken Nuggets  
Carrots  
Peaches  
Tater Tots  
Milk

Carrots  
Ranch  
Milk

**THU**

Cheese Omelette  
Hashbrown Patty  
W.W. Toast  
Juice  
Milk

Pizza Burger  
WG Bun  
Peaches  
Corn  
Dressing  
Milk

Chex Mix  
Milk

**FRI**

Cereal  
WG Toast  
Peanut Butter or Jelly  
Banana  
Milk

Chicken Gravy Over Bun  
Green Beans  
Watermelon  
WG Buttered Bread  
Milk

Cottage Cheese  
Peaches  
Water

**WEEK 5**



# Week Of: \_\_\_\_\_

## BREAKFAST

## LUNCH

## SNACK

**MON** Mini Pancakes Sausage Dogs  
WG Toast  
Syrup  
Orange Slices  
Milk

Chicken and Rice Hotdish  
Carrots  
Pineapple  
Buttered Bread  
Soy Sauce  
Milk

Ritz crackers  
Cheese  
Water

**TUE** English Muffin WG  
Sausage Patty  
Cheese  
Hard Boiled Egg  
Applesauce  
Milk

Italian Dunkers  
Marinara Sauce  
Corn  
Cantaloupe  
Milk

Cinnamon Toast  
Milk

**WED** Cereal  
WG Toast  
Peanut Butter or Jelly  
Banana  
Milk

Meat and Cheese Sandwich  
Carrots  
Peaches  
Chips  
Milk

Hard Boiled Eggs  
Club Crackers  
Water

**THU** Breakfast Burrito Eggs  
Cheese  
Sour Cream  
Salsa  
WG Tortilla  
Mandarin Oranges  
Milk

Meatballs with Gravy  
Potatoes  
Green Beans  
Fruit Cocktail  
Milk

Cucumber Slices  
Ranch  
Milk

**FRI** Yogurt Fruit Parfait  
Granola  
Apples  
Milk

Tuna Hotdish  
Corn Muffin  
Pineapple  
Crackers  
Milk

Granola Bars  
Milk

